GURUKUL MAHILA MAHAVIDYALYA

KALIBADI RAIPUR (CG)

COMMERCE COUNCIL DEPARTMENT
&
NSS DEPARTMENT

EVENT SESSION (2021-22)

REPORT

Event	Awareness Program
Topic	MIND & SUCCESS
Guest	**Mr. Alakshendra Mogre** National Trainer & Speaker Mob. 8120152059 First Floor Arihant Complex Pachpedi Naka, Raipur (C.G.)
No. of Student	**115**
Date	25/10/2021
Time	10.00 AM to 12.30 PM

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Proposal Letter

NATIONAL TRAINER AND SPEAKER

MR. ALAKSHENDRA MOGRE

Performance-driven personality development trainer, public speaker and guest speaker of akashvani, anchor at doordarshan and joint secretary of Chhattisgarh Harmonica Club with over seven years of experience working in the field of self-development, training and development, linguistics, and social welfare providing valuable expertise to career seekers

Contact Info

+91-8120152059

MEDINGLISH - LEARN ENGLISH BY MIND TRAINING, FIRST FLOOR, ARIHANT COMPLEX PACHPEDI NAKA RAIPUR

om.englishmeditation@gmail.com

englishmeditation.blogspot.com

@hellomedinglish

WORK EXPERIENCE

NATIONAL TRAINER AND SPEAKER

Conducted over 150 self-decelopment workshops and training programs at various colleges and universities across the country and trained over 15000 students through workshops

EXPERT SPEAKER AT RADIO AKASHWANI

Programs on Mobile Addiction, Importance of Soft Skill, and Stress Management were telecasted five times in total and re-telecasted two more times in a row

NATIONAL ANCHOR AT DOORDARSHAN

Special Program on Mobile Addiction was hosted and telecasted

CERTIFIED MASTER HYPNOTIST AND NLP TRAINER

Trained over 1000 students by conducting over 50 National Webinars on Practical Hypnosis

FOUNDER OF MEDINGLISH

Founder of "Medinglish - Learn English by Meditation" and leading two branches of Medinglish - Institute of Spoken English and Personality Development for last 4 Successful Years

EDUCATION

CIVIL ENGINEERING

FROM GHANSHYAM DAS RUNGTA COLLEGE OF ENGINEERING AND MANAGEMENT, BHILAI CIVIL ENGINEERING CLASS OF 2010 - 2014

MASTER OF BUSINESS ADMINISTRATION (MBA)

CURRENTLY PURSUING

SKILLS

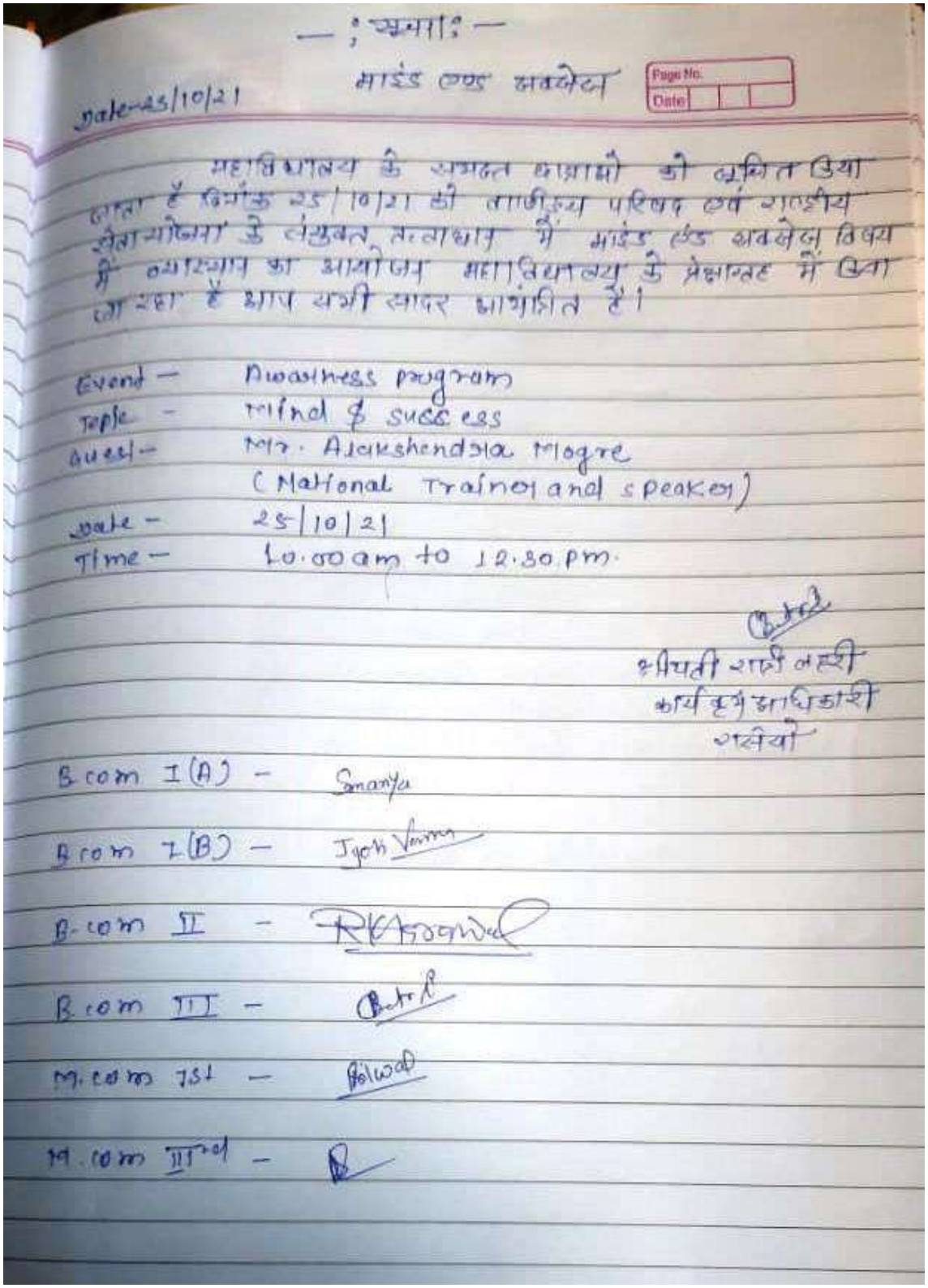
LANGUAGES

- Hindi
- English

INTERPERSONAL SKILLS

- Expertise in Influencing People
- Expert Counsellor
- Keynote Speaker
- Leadership Coach

Notice



— : सूचना : —

Date-25/10/21 माईंड एण्ड सक्सेस

Page No.
Date

महाविद्यालय के समस्त छात्राओं को सूचित किया जाता है दिनांक 25/10/21 को तकनीकी परिषद एवं छात्रीय सेवा योजना के संयुक्त तत्वाधान में माईंड एंड सक्सेस विषय में व्याख्यान का आयोजन महाविद्यालय के प्रेक्षागृह में किया जा रहा है आप सभी सादर आमंत्रित हैं।

Event — Awareness program
Topic — mind & success
Guest — Mr. Alakshendra Mogre
(National Trainer and speaker)
Date — 25/10/21
Time — 10.00 am to 12.30 pm.

प्रभारी छात्रा सभा
कार्यक्रम अधिकारी
एवं
सचिव

B.com I(A) — Sanaya
B.com I(B) — Jyoti Verma
B.com II — [illegible]
B.com III — [illegible]
M.com 1st — [illegible]
M.com IInd — [illegible]

Letter of Invitation

फोन : 0771-4053443
फैक्स : 0771-4036032

गुरूकुल महिला महाविद्यालय

छत्तीसगढ़ शासन तथा पंडित रविशंकर शुक्ल विश्वविद्यालय रायपुर से संबंध
गुरूकुल परिसर, कालीबाड़ी रोड, रायपुर (छ.ग.) ई-मेल : info@gurukulraipur.com
संचालित भातखण्डे ललितकला शिक्षा समिति, गांधी चौक, रायपुर (छत्तीसगढ़) पंजीयन क्रं. 16/51-52

क्रमांक : 4/42/21 दिनांक : 25/10/2021

DEPARTMENT OF COMMERCE & NSS

LETTER OF INVITATION

Date:25/10/2021
Mr. Alakshendra Mogre
National Trainer and Speaker
Raipur, C.G.

Subject: Invitation for Guest Lecture.

Dear Sir,

I would like to invite your team to speak about **"Mind and Success"** at the Gurukul Mahila Mahavidyalaya, Kalibadi,,Raipur on 25/10/2021 at 10:00 AM . It would be a great honour for us if you would give your consent for the program. We humbly remain in your service if you require any information or assistance at all.

Mrs. Ratri Lahari
NSS Officer
राष्ट्रीय सेवा योजना अधिकारी
गुरूकुल महिला महाविद्यालय
कालीबाड़ी रोड,रायपुर (छ.ग.)

Dr. Rajesh Agrawal 25/10/21
Commerce Council Secretory

Received
23-10-2021

GURUKUL MAHILA MAHAVIDYALAYA

Gurukul complex, Kalibadi Road, Raipur (C.G.)

SESSION 2021-22

Class : B.COM I I Year Topic : **MIND & SUCCEESS** Date 25/10/2021

Name	Signature
Trishna dadsena	Dadsena
minakshi Sahu	Sahu
Rinkee Vaishnav	Rinkee
Sheetal Thakur.	Sheetal.
Gargi Nath	Nath
Mansi Baskar	Mansi
Dolly Bahltani	Dolly
Meenakshi Jain	Jain
Khushi Chandrakar	Khushi
Diksha Kolhe	Diksha
Anjali Agrawal	Anjali
Shikha yadav	Shikhayadav
Bhavna jaiswal	Bhavna
Nisha Verma	Nisha
Muskan Yadav	Muskan
Astha Thakur	Astha
Tripti panth	Parth
Uma Rajpoot	Uma

GURUKUL MAHILA MAHAVIDYALAYA

Gurukul complex, Kalibadi Road, Raipur (C.G.)

SESSION 2021-22

Class : B.COM III Year Topic : **MIND & SUCCEESS** Date 25/10/21

Name	Signature
Shweta Mandal	Shweta
Chetna Singh	Chetna.
Ragini Singh	Singh
Saayema Siddiqua (B.Com II year)	Saayema
Manju Mandal (B.Com, II year)	Manju
Asha Ruparela (B.Com, II year)	Asha
Anjali Patel (B.Com, II year)	Anjali
Toreshwari (B.Com. I year(w.c.)	Toreshwari
Isha Wadhwani	Wadhwani
Sneha Yadav (B.Com I year(w.c)	Yadav
Kiran Sahu	Kiran
Sadhana Dewangan	Sadhana
Aakanksha Sahu	Aakanksha
Zainab Nisha	Zinab
Sakshi Ambwani	Sakshi
Laxmi Sahu	Laxmi
Nivedita Ghosh	Nivedita
Neha Sahu	Neha Sahu
Rajeshwari Sarode	Rajeshwari
Pooja Dewangan	Pooja
Archna Vishwakarma	Archna
Vibha Sahu	Vibha

Name	Signature
Soniya Sahu	Soniya Sahu
Riya Mondal	Riya
Purvi Joshi	Purvi
Shreya Prajapati	Shreya
Malvika Singh	Malvika
Isha Wadhwani	Wadhwani
Sweta Sahu	Sweta
Lilam Vishwakarma	Lilam
Meghamani Sagartanshi	Megha
Aakanksha Mandal	Aakanksha
Disha Rupsela	Disha
Manju mandal	Manju
Anjali Patel	Anjali
Saayma Sinqua	Saayma

Name	Signature
Dolly chawla	Dolly chawla
Shivani yadav	Shivani
Khushboo Verma	Khushboo Verma
Anshu singh	Anshu Singh
Savita Rana	Savita Ra.
Gunjan Sahu	Gunjan
Sangeeta Sahu	Sangeeta Sahu
Priyanka Soni	Priyanka Soni
Akansha Nishad	Akansha.
Khushboo Dewangan	Khushboo
Ayushi Baghel	Ayushi Baghel
Deepa Yadav	Deepa Yadav.
Fiza khokhar	Fiza
Ekta Dhiwar.	एकता धीवर
Soniya Ghoritlahare	Soniya
Pooja Sonkar	Pooja
Anita Sonkar	Anita
Lomita Sahu	Lsahu
Neha Sahu	

GURUKUL MAHILA MAHAVIDYALAYA

Gurukul complex, Kalibadi Road, Raipur (C.G.)

SESSION 2021-22

Class : B.COM I Year Topic : **MIND & SUCCEESS** Date 25/10/21

Name	Signature
Radhika Goud	Radhika
Sneha Gupta	Sneha
Mahek Nanwani	Mahek
Poonam Banjare	Poonam
Ashu Sahu	Ashu
Ruksar Khatun	Ruksar
Ankita Tandi	Ankita
T. Gitika.	
MUSKAN SONI	Muskan
Shaisti Pujari	
Disha Mehta	Disha
Mansi Sahu	
Harshita Soni	Harshita
Manshi Mahanand	mansi
khushboo kumhar	Khushboo
Richika Srivastava	Richika
Chetna Kurre	Chetna
Rishtha Mishra	Rishi

Name	Signature
Yukti Sahu	Yukty
Shraddha Pansari	Shraddha
Deepika Vishwakrma	Deepika
Vidhi Kaushik	Vkaushik.
Sumay Chauhay	Sumay
Bharti Barve.	Bts
Durgeshwari Tarak	Durgeshwari
Manshi Pareyapati	Manshi
Khushboo Rawat	Rawat
Pallavi. P. Channurwar	Pallavi
Jaina Soni	Jaina
Chandrakiran Dhurvanshi	Dhurvanshi
Sarita Sahu	Sahu.
mansi chandel	mchandel
Shamiya Parveen	Shamiya
Vandana Gajbhiye	Vandana
Ujma Kauser	ujma
Vijiya Kakad	Vijiya
Jyoti Upadhyay	Jyoti

Saniya Sahu	B. Com - 2nd year
Preeti Tandan	B. Com - 2nd year
Premin Sahu	B. com 2nd year
Nitu Mongraj	B. Com I. year
नम्रता साहू	M. com 1 semester
Jagriti Sahu	B. Com I year
Kavita Tandi	B. Com I year Kavita

Feedback

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Saayema	
3	Designation	B.com IInd year	
4	Address	Changora bhatta	
5	Contact number	9826182117	
6	E-mail ID		
7	Name of event/Program		
8	The event/program is	1. Satisfactory	
		2. Good	
		3. Very good	
		4. Excellent ✓	
		5. Poor	
		6. Very poor	
9	What is good about the program/event		
		1. Interesting ✓	5. Good for personality development
		2. Knowledgeable	6. Interactive
		3. Helpful in study	7. Skilful ✓
		4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program: Nothing all thing is perfect		
	Signature of respondent		

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	SEJAL SINHA	
3	Designation	Student	
4	Address	Sai Nagar Bhanpur	
5	Contact number	9340612504	
6	E-mail ID		
7	Name of event/Program	Mind and Success	
8	The event/program is	1. Satisfactory	
		2. Good	
		3. Very good	
		4. Excellent ✓	
		5. Poor	
		6. Very poor	
9	What is good about the program/event		
		1. Interesting ✓	5. Good for personality development
		2. Knowledgeable	6. Interactive
		3. Helpful in study	7. Skilful ✓
		4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program:		
	Nothing ☺		

Sinhas

Signature of respondent

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Asha Rupsela	
3	Designation	Student	
4	Address	Near popular Cake factory	
5	Contact number	6266571913	
6	E-mail ID		
7	Name of event/Program	Mind & Success	
8	The event/program is	1. Satisfactory	
		2. Good	
		3. Very good	
		4. Excellent ✓	
		5. Poor	
		6. Very poor	
9	What is good about the program/event		
		1. Interesting ✓	5. Good for personality development
		2. Knowledgeable	6. Interactive
		3. Helpful in study	7. Skilful
		4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program:		
	Everything is perfect		
Signature of respondent			

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Gargi Nath.	
3	Designation	Student.	
4	Address	Amleshwar.	
5	Contact number	9009701333	
6	E-mail ID	sks.nath2009@gmail.com.	
7	Name of event/Program	Mind and Success.	
8	The event/program is	1. Satisfactory	
		2. Good	
		3. Very good	
		4. Excellent	
		5. Poor	
		6. Very poor	
9	What is good about the program/event		
		1. Interesting	5. Good for personality development
		2. Knowledgeable	6. Interactive
		3. Helpful in study	7. Skilful
		4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program:		
	Gd nath. Signature of respondent		

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Trishna dadsena	
3	Designation	student	
4	Address	Byron Bazar Raipur	
5	Contact number	9131943087	
6	E-mail ID	Trishnadadsena24@gmail.com	
7	Name of event/Program	Mind & Success	
8	The event/program is	1. Satisfactory	
		2. Good	
		3. Very good ✓	
		4. Excellent	
		5. Poor	
		6. Very poor	
9	What is good about the program/event		
		1. Interesting	5. Good for personality development
		2. Knowledgeable	6. Interactive
		3. Helpful in study	7. Skilful
		4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program:		

Dadsena

Signature of respondent

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Rinkee Vaishnav	
3	Designation	Student	
4	Address	Budha para Raipur	
5	Contact number	6261325386	
6	E-mail ID	rinkee0212@gmail.com	
7	Name of event/Program	Mind & Success	
8	The event/program is	1. Satisfactory	
		2. Good	
		3. Very good ✓	
		4. Excellent	
		5. Poor	
		6. Very poor	
9	What is good about the program/event		
		1. Interesting	5. Good for personality development
		2. Knowledgeable	6. Interactive
		3. Helpful in study	7. Skilful
		4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program:		

Rinkee
Signature of respondent

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Mausê Sarkar	
3	Designation	Student	
4	Address	Dumurtarai	
5	Contact number	9993610562	
6	E-mail ID	Simimsarkar18@gmail.com	
7	Name of event/Program	Mind and Success.	
8	The event/program is	1. Satisfactory	
		2. Good	
		3. ~~Very~~ good	
		4. Excellent	
		5. Poor	
		6. Very poor	
9	What is good about the program/event	Communication way	
		1. Interesting	5. Good for personality development
		2. Knowledgeable	6. Interactive
		3. Helpful in study	7. Skilful
		4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program: The programme will be conducted in english.		

Mausê
Signature of respondent

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Qsoniya Qsahu	
3	Designation	Qstudent	
4	Address	Mahatma Gandhi Nagar	
5	Contact number	7415942411	
6	E-mail ID	Qsahusoniya@813gmail.com	
7	Name of event/Program	Mind and Success	
8	The event/program is	1. Satisfactory	
		2. Good	
	✓	3. Very good	
		4. Excellent	
		5. Poor	
		6. Very poor	
9	What is good about the program/event	communication skills	
	✓	1. Interesting	5. Good for personality development
		2. Knowledgeable	6. Interactive
		3. Helpful in study	7. Skilful
		4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program:		

Soniya Sahu

Signature of respondent

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Archna Vishwakarma.	
3	Designation	Student	
4	Address	Kaipura	
5	Contact number	6262821127	
6	E-mail ID	fairyarchana6@gmail.com	
7	Name of event/Program	Mind & Success	
8	The event/program is	1. Satisfactory	
		2. Good	
		3. Very good	
		4. Excellent	
		5. Poor	
		6. Very poor	
9	What is good about the program/event	Comprehensive. Skill	
		1. Interesting	5. Good for personality development
		2. Knowledgeable	6. Interactive
		3. Helpful in study	7. Skilful
		4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program:		
	Signature of respondent		

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Ashu Sahu	
3	Designation	~~Chattisgarh~~ Student	
4	Address	Devpuri, Raipur	
5	Contact number	9754999800	
6	E-mail ID		
7	Name of event/Program	Mind & Success	
8	The event/program is	1. Satisfactory	
		2. Good	
		3. Very good	
		4. Excellent	
		5. Poor	
		6. Very poor	
9	What is good about the program/event		
		1. Interesting	5. Good for personality development
		2. Knowledgeable	6. Interactive
		3. Helpful in study	7. Skilful
		4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program:		
	Signature of respondent		

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Sneha - Gupta / Poonam Banjare	
3	Designation	Chhattisgarh student.	
4	Address	Sanjay nagar / Telibandha Raipur C.G.	
5	Contact number	7000574924 , 7999310839	
6	E-mail ID	Sgupta6894@gmail.com	
7	Name of event/Program	Mind & success	
8	The event/program is	1. Satisfactory ✓	
		2. Good	
		3. Very good	
		4. Excellent ✓	
		5. Poor	
		6. Very poor	
9	What is good about the program/event		
		✓1. Interesting	✓5. Good for personality development
		✓2. Knowledgeable	✓6. Interactive
		✓3. Helpful in study	✓7. Skilful
		✓4. Career oriented	✓8. Innovative
10	What improvements you suggest for the improvement of event/program: develop our skill & communication skill. & improve our personality also. [not need to improvement.]		
	Signature of respondent Sneha Poonam		

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Jaina Soni	
3	Designation	Student	
4	Address	Santoshi Nagar	
5	Contact number	6265870922	
6	E-mail ID	Jainasoni86@gmail.com	
7	Name of event/Program	Mind & Success	
8	The event/program is	1. Satisfactory	
		2. Good	
		3. Very good	
		4. Excellent ✓	
		5. Poor	
		6. Very poor	
9	What is good about the program/event		
		1. Interesting ✓	5. Good for personality development ✓
		2. Knowledgeable ✓	6. Interactive
		3. Helpful in study ✓	7. Skilful ✓
		4. Career oriented ✓	8. Innovative
10	What improvements you suggest for the improvement of event/program:		
	No Improvement		
	Jaina Signature of respondent		

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Vidhi Kaushik	
3	Designation	Student.	
4	Address	Housing Board Colony police line. Raipur.	
5	Contact number	9752242995	
6	E-mail ID		
7	Name of event/Program	mind & Success	
8	The event/program is	1. Satisfactory	
		2. Good	
		3. Very good ✓	
		4. Excellent	
		5. Poor	
		6. Very poor	
9	What is good about the program/event		
		1. Interesting ✓	5. Good for personality development
		2. Knowledgeable ✓	6. Interactive
		3. Helpful in study ✓	7. Skilful
		4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program:		
	No Improvement		

Signature of respondent Vkaushik.

Feed Back Form

Mind & Success

1	Name of the committee	Commerce council and nss	
2	Name of Student/Faculty/Others	Pallavi Channewar	
3	Designation	Gurukul mahila mahavidhalya	
4	Address	Budha para, Sharmaji road, Raipur	
5	Contact number	8857054126	
6	E-mail ID		
7	Name of event/Program	Mind & success	
8	The event/program is	1. Satisfactory	
		2. Good	
		✓ 3. Very good	
		4. Excellent	
		5. Poor	
		6. Very poor	
9	What is good about the program/event		
		✓ 1. Interesting	5. Good for personality development
		2. Knowledgeable	6. Interactive
		3. Helpful in study	✓ 7. Skilful
		✓ 4. Career oriented	8. Innovative
10	What improvements you suggest for the improvement of event/program:		
	NO improvement required.		

Signature of respondent Pallavi

Appreciation Letter

फोन : 0771-4053443
फैक्स : 0771-4036032

गुरूकुल महिला महाविद्यालय

छत्तीसगढ़ शासन तथा पंडित रविशंकर शुक्ल विश्वविद्यालय रायपुर से संबंध
गुरूकुल परिसर, कालीबाड़ी रोड, रायपुर (छ.ग.) ई-मेल : info@gurukulraipur.com
संचालित भातखण्डे ललितकला शिक्षा समिति, गांधी चौक, रायपुर (छत्तीसगढ़) पंजीयन क्रं. 16/51-52

क्रमांक : 4143/21 दिनांक : 25/10/2021

Letter of Appreciation

Dear Sir,

Thank you very much for delivering an informative lecture on **"Mind and Success"** held on 25 Oct. 2021 at our institution.

It was really a splendid presentation which exposed faculty to the field practice. All the faculty appreciated and got benefitted from your views on the subject.

Looking forward for your corporation in future as well.

25/10/21
Mrs. Ratri Lahari
NSS Officer
कार्यक्रम अधिकारी
गुरूकुल महिला महाविद्यालय
कालीबाड़ी रोड, रायपुर (छ.ग.)

Dr. Rajesh Agrawal 25/10/21
Commerce Council Secretory

Received
25-10-21

Photo Gallery

Media

माइंड एंड सक्सेस विषय पर सेमिनार

रायपुर (अमन पथ)। वाणिज्य परिषद एवं राष्ट्रीय सेवा योजना इकाई द्वारा माइंड एंड सक्सेस विषय पर सेमिनार का आयोजन किया गया मुख्य वक्ता के रूप में मिस्टर अलक्षेंद्र मोगरे जी जो कि नेशनल ट्रेनर एंड स्पीकर है इन्होंने अपने व्याख्यान में मन एवं मस्तिष्क को सॉफ्टवेयर और हाडर्वेयर बताया और मन मस्तिष्क की उस क्षमता को बताया, जो मनुष्य को चिंतन शक्ति, स्मरण-शक्ति, निर्णय शक्ति, भाव, एकाग्रता, व्यवहार, में सक्षम बनाती है।

मन शरीर का वह हिस्सा है जो सोचने और समझने का कार्य करता है। इन्होंने ने मन की चार प्रवृत्तियां बताई हैं। व्यक्ति अक्सर वतर्मान मन, अनुपस्थित मन, एकाग्र मन और दोहरे मन वाले होते हैं। जो व्यक्ति जीवन में अधिकतर वतर्मान मन के साथ आगे बढ़ते हैं वे जीवन में सफलता पाते अपने मन पर

बिलीव करके आप कैसे सफलता प्राप्त कर सकते हैं इन सब की जानकारी दी गई इन सभी बातों को प्रक्टिकल करके समझाएं। कार्यक्रम में वाणिज्य परिषद के सचिव डॉ राजेश अग्रवाल जी डॉक्टर प्राध्यापक पदमा सोमनाथे, कविता सिलवाल, ज्योति वर्मा ,मान्या शर्मा, रात्रि लहरी कार्यक्रम अधिकारी एवं छात्र छात्राएं उपस्थित रहे।

1:52

Rupesh Avadhiya Ji

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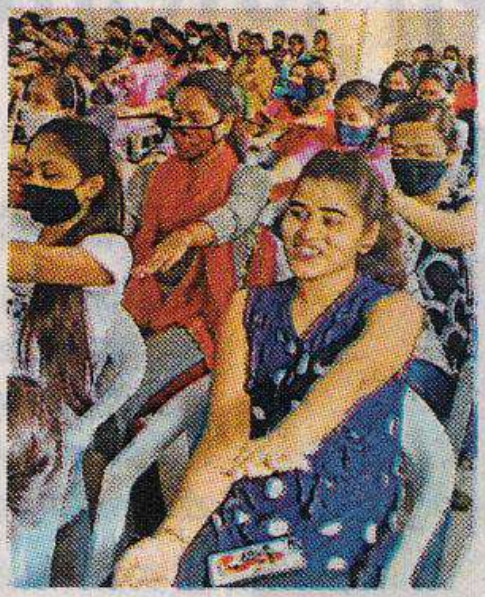
8:46 pm

मन को साधकर सफलता के बताए गुर

पत्रिका PLUS रिपोर्टर



रायपुर ◆ गुरुकुल महिला महाविद्यालय की वाणिज्य परिषद एवं राष्ट्रीय सेवा योजना इकाई ने माइंड एंड सक्सेस विषय पर सेमिनार का आयोजन किया। मुख्य वक्ता अलक्षेंद्र मोगरे ने मन एवं मस्तिष्क को सॉफ्टवेयर और हार्डवेयर बताया। मन मस्तिष्क की उस क्षमता को बताया, जो मनुष्य को चिंतन शक्ति, स्मरण-शक्ति, निर्णय शक्ति, भाव, एकाग्रता, व्यवहार, में सक्षम बनाती है। मन शरीर का वह हिस्सा है जो सोचने और समझने का कार्य करता है।

मन की चार प्रवृत्तियां बताई। व्यक्ति अक्सर वर्तमान मन, अनुपस्थित मन, एकाग्र मन और दोहरे मन वाले होते हैं। जो व्यक्ति जीवन में अधिकतर वर्तमान मन के साथ आगे बढ़ते हैं वे जीवन में सफलता पाते हैं। अपने मन पर बिलीव करके आप कैसे सफलता प्राप्त कर सकते हैं इन सबकी जानकारी दी गई।